Hot is the only word one can use for Spring, Texas weather during the summer months. What a perfect time to stitch and stitch and stitch. Yes, find a project you have always wanted to do. If you don’t have a project, come by and let us find one for you. We are known to use plenty of AC here in Texas so why not use it to stitch? Get a glass of iced tea, sit down, relax, and stitch. If you enjoy being outside, try stitching early in the morning when it is cooler.

Stoney’s Word  Don’t forget our summer camp for the younger stitchers. Class will begin Tuesday, July 21 and go through Friday, July 24 from 10:00 AM to 11:30 AM. We will have snack time, hand exercise time, and plenty of time to learn the history of needlework. This will give students knowledge as well as projects to do during the long hot summer months. For additional details please call the shop.  We are always here for you. All you have to do is ask.

Friday, July 3, 2015

Open 7:00 AM
Close 7:00 PM

“Dawn’s Early Light”

Stitching w/Sip & Style class will be Friday, July 3 starting at 7:00 PM. Celebrate America’s birthday by signing up for a night of learning and fun. Remember the red, white, and blue. We will be stitching a Strawberry Daiquiri on 28 Ct. Opalescent fabric.

Check www.3stitches.com for details as time approaches.
Mac-and-Cheese Cauliflower Style

Mac-and-Cheese without the high starch content. Make your own breadcrumbs, tear firm, fresh bread into pieces and whirl in a food processor or blender until crumbs form.

1 large head cauliflower – cut into florets  
2 Tbs. butter  
3 Tbs. all-purpose flour  
2 cups low-fat milk  
1 clove garlic, minced (1 tsp.)  
2 cups grated extra sharp cheddar cheese  
½ cup nutritional yeast  
1 pinch cayenne pepper  
2 egg yolks  
1 ½ cups fresh bread crumbs

Preheat oven to 350°F. Bring large pot of salted water to a boil. Add cauliflower florets, and boil 5 to 7 minutes, or until tender. Drain, reserving 1 cup cooking liquid, and set aside.

Melt butter in same pot over medium heat. Whisk in flour, and cook 1 minute, stirring constantly. Whisk in milk, garlic, and reserved cooking liquid, and cook 7 to 10 minutes, or until sauce is thickened, whisking constantly. Remove from heat, and stir in cheese, nutritional yeast, cayenne pepper, and egg yolks until cheese is melted. Fold in cauliflower.

Coat 9 x 13 inch baking dish with cooking spray. Spread cauliflower mixture in baking dish, and sprinkle with breadcrumbs. Spray breadcrumbs with cooking spray. Bake 30 minutes, or until casserole is hot and bubbly and breadcrumbs are crisp and brown.
Strawberry Kiwifruit Smoothie

2 kiwifruit, peeled  
2 cups strawberries, stems and cores removed  
2 bananas  
2 containers (6 ounces each) whole milk vanilla Yogurt (about 1 ½ cups)  
1 cup orange juice  
¼ cup honey  
1/8 teaspoon ground cinnamon  
Pinch of salt

Combine everything in a blender and process until smooth. Divide among glasses.

Smoothie Tip: For an extra-thick smoothie, use vanilla Greek yogurt, which is strained and thicker than traditional yogurt.

Stitching Tip: Embroidery Floss – Check floss for colorfastness by soaking in cool water then blotting dry with clean, white towel. If color in floss bleeds, continue rinsing floss until water runs clear. Then allow floss to dry completely. Straighten floss for stitching by drawing across a clean, moist sponge. Fabric Preparation – Press fabric then finish edges with basted hem, whip stitching, machine zig-zag or a commercial fray resisting liquid. Masking tape leaves a residue and is not recommended. Guide lines may be basted on fabric to correspond with bold chart lines or in the center with one vertical and one horizontal thread for less complex designs. A hoop may be used to hold the fabric straight and firm. Release when not in use.

Remember we are here to help you. All you have to do is ask.
KNOWLEDGE!

Knowledge means ease of stitching. The more you know the easier it is to do the job. There is always something to learn in the needlework world. Come to class and not only meet others who enjoy the same hobby but also have fun while learning. There are always new tips to learn. In class, students ask questions and get answers. All of us learn together. I personally have learned so much from students who attended class and will always remember the fellowship.

Classes must be paid at the time of reservation. If you need to cancel a class, we must be notified 48 hours prior to the date to receive store credit. Should you need a private class, call for an appointment. Private classes are priced according to supplies and length. If you have a question, just ask.

Stitching With Sip & Style!
Friday, July 3 and September 4
6:30 PM – 8:30 PM ($26 & $26)

July 3 is Strawberry Daiquiri stitching. This Friday night class is all about having fun while learning. Yes, we are always learning more about stitching. New techniques, new fabrics, and new threads are always present. Join us for a relaxing evening with food and drinks.
Sampler Club!
Thursday, July 9, August 13, and September 10, 2015
7:00 PM – 9:00 PM ($289)

This class teaches numerous single stitches including some surface stitches. The model is stitched on 30 Ct. fine Linen with various silk threads and a little cotton included for effect. The class meets once a month and at the end of the year your project should be finished. Your head will overflow with knowledge. Join us for an evening once a month.

Fiber Club!
Tuesday, July 14, August 11, and September 15
7:00 PM – 9:00 PM ($100 down)

This is a one of a kind afghan. Even if you aren’t from Texas scene that this piece shows. It great place. This is a picture of picture of the afghan that we been teaching how to change proper techniques for stitching class which has already started; however, if you would like to make this afghan, we have the afghan and all the supplies. Just let us know. It is a treasure you will be proud to own.

Basic Stitching!
Saturday, July 18
9:00 AM – 11:00 AM ($20)

Learn how to enjoy this relaxing hobby. We will be learning how to start and finish the project, special techniques, and more. Do you know the difference between the designer and the manufacturer when you need to order a chart? Do you know how to read the symbols on the chart? See how to properly prepare your
Summer Camp!
Tues. – Fri. July 21 – July 24
10:00 AM – 11:30 AM ($35)

The younger students can now learn the history of needlework as well as the techniques of how to do the project. We will be making a project starting on Tuesday morning and having the project completed by Friday. Perhaps there will be some minor homework to get the project complete. Younger students are the stitchers of tomorrow. This is a really fun class.

Hardanger!
Saturday, July 25
9:00 AM – 11:00 AM ($25)

The Hardanger class will meet on Saturday morning to learn not only basic Hardanger but also some unique needlework skills. There are numerous stitches that can be done in Hardanger. We are going to start at the bottom and work to the top so to speak. This is a “show me” class. Once you are shown the basic techniques you will be ready to work from that point. A kloster block is to Hardanger as a cross stitch is to needlework – basic. Like anything else the more you learn the easier it becomes.

Remember there is always something new to learn!
Come to our home to stitch!
New! New! New!

Items arrive on a daily basis. Yes, five days a week we receive merchandise. Remember we are a retail shop as well as an online shop. If you need needlework supplies, we have needlework supplies. We have a well stocked shop; however, sometimes we just sell out. If it is not in stock, we can always order it for fast service. We try our very best to get everything you need to you as fast as we can. We know sometimes some of you have had to wait a little longer for items but with fine customers like you using your patience, we are able to supply anything that is out in the market. We know how and where to get anything that you might want or need. Come see our large selection of books, fabric, threads, canvas, and notions. Oh, we forgot to mention all the buttons, charms, and embellishments that we have. We have professional stitchers to help you. Yes, they know how to “run a needle” as we like to say. Ask the questions and we will supply the answers. We love to do needlework! Take the right size scissors (small) on the airplane and there will be no problems.

3 Stitches is a “one stop shop”. We not only know where to get the project but also how to do the project. We have a website, www.3stitches.com or you can always email us at 3stitches@3stitches.com with questions. You come up with the question and we will come up with the answer.

Heart ‘n Hand has now released the “Joyful Journal” series through every month but December. These 3 x 3 designs are perfect for not only also every holiday. There are numerous ways for you thought about putting them all together on a quilt or about changing out a frame each month with all the different pieces? Have you thought about finishing them and standing them on an easel? Perhaps you have more ideas you would like to share with us? Give us your ideas and we would be happy to post them on our website, etc.
Shepherd’s Bush has “Spring Trifles” with Just Another Button Co. buttons and silk ribbon finishing. Want to know how to do this technique of finishing? Just ask! Come in, will show you how to finish the items once they are stitched.

Cinderella’s Slipper kits have been made up just for you. The kits consists of fabric, thread, rick rack, and embellishments. The slipper has even been painted and ready for you to complete the stitched project. Buy the kit and we will furnish the “free” chart. Blackbird did an excellent job of their design.

Erica Michaels has released “O My Soul” along with numerous other Bible verses. These sayings would be a treasure to have in the rooms of your home reminding us of how great our life really is. Each one is one unique piece of excellence.

Nora Corbett has released a new chart entitled “Christmas in London” in time with excitement Christmas Day in London. Read more about Christmas in London package.

The Nebby Needle has “A Handful of Love Pincushion” is a limited edition. Come in and see the model we have prepared for class. The fibers have been changed for educational purpose. We want to help make your stitching easier by teaching you short cuts to complete your projects.

Sam Sarah has released #5 of six for “Still Crazy After All These Years!” This charts features a cat with mice coming down a vine. The piece when finished should be about 9 by 18. It is stitched using Weeks Dye Works floss on 30 Ct. Sea Foam Weeks Dye Works linen.
Redbird’s latest piece is “Deep in the Heart of Texas”. It is stitched on 30 Ct. Cocoa from Weeks Wildflowers and Weeks Wildflowers. Both Caron Collection and Weeks Dye Works floss are used. The project is embellished with a Mother of Pearl Heart from Access Commodities.

Dames of the Needle is dying more pom poms, more rick rack, more lace, and more. We have so much fun trimming our pieces with all these trims. What color do you need? What color do you want? We carry the entire line. All you have to do is ask.

Have you signed up for the new Halloween 2015 Special Collector’s Issue by Just Cross Stitch? If not, we suggest you call or come in and have your name put on the list. It is full of must have Halloween charts. If you are a true lover of Halloween you will own this special book. The sooner the books come in the sooner we get to start stitching HALLOWEEN! We will call you or send you the book as soon as it arrives in the shop.

We have the Lone Elm divided slate grey 8” square box for the “Leona’s Sewing Box” by Blackbird Designs. This box also fits other charts of course.

Chessie & Me has released “Tudor Rose Stitch Book”. The outer edge of each panel is Nun stitched using 1 strand of thread. The roof is stitched in Smyra and the fob has Eyelet stitches. What an interesting piece to stitch.

Praiseworthy Stitches has “Freedom Park” for the firework holidays. Have you ever thought about decorating your home with red, white, and blue from Memorial Day in May to the 4th of July in July?? Why not? You could even put in the red, white, and blue Texas flag provided you enjoy that look.
Cherished Stitches has “Strawberry Wishes” with finishing directions for a pillow. Model was stitched on Picture This Plus fabric using Gentle Art threads. The “Primrose Hill” is mounted on a medium brown Queen Crown box from Lone Elm Lane.

Little House Needleworks has “Patriot’s Row” and Classic Colorworks threads. The model consists of an American flag, four houses, alphabets, and more.

Jeannette Douglas has a unique piece with “ABC Pyn Roll & Crown Tulip Thread Keep”. There are Hungarian stitches, back stitch, oblong stitches, and satin stitches featured in this piece. A good way to learn “new” stitches or practice stitches that you have done before.

The shop is overflowing with “new” charts, fabric, thread, gadgets and more. If you want it, we have it. Well unless someone got here before you did. If so, we can order it for you.

**CLOSED SATURDAY, JULY 4, 2015**

**COMING ATTRACTIONS**

3 XXX Rated Stitchers
First Thursday Evening each month
July 2, August 6, and September 3, 2015
6:30 PM – 8:30 PM

The 3 XXX Rated Stitchers group meet on the first Thursday evening of the month. What a way to rest after a long day. Whether it is after work or after a long day at home with your duties, you will enjoy the evening. There is no charge to attend this event. One lady calls it “free stitching night” in fact. It is a great opportunity to sit Tuesday-Saturday 10:00 am – 5:00 pm Late Night Tuesday ‘til 7:00 pm

“We Keep You In Stitches”
with others and stitch and get those questions answered. The shop is always open during this time. September 3 is Pam’s birthday. Come that night for sweets and coffee.

3 Stitches Gathering

July 1, 8, 15, 22, and 29, 2015
10:00 AM - 12:00 Noon

Wednesday morning is **stitching time** from 10:00 AM - Noon. Visit with friends and meet new people. Enjoy the morning by starting the day off right. What a great place to stitch - good lighting and share stitching with others who enjoy your interest. Be a part of a team who enjoys stitching and having fun. There are good people in this group. Come meet them all.

Internet Group!

Saturday, July 11, August 8, and September 12, 2015
12:30 PM to 4:45 PM

We would like to invite you to join us on the 2nd Saturday of every month! Become a member of the Internet Group. You are missing out on a Saturday afternoon, once a month, of fellowship with other stitchers. Not to mention that you could have more of those projects finished if you were here. Bring your project and come and stitch with us. What a perfect way to spend a Saturday afternoon. If you don’t have a project, remember we can help you out.

“The only place where housework comes before needlework is in the dictionary.”

Thank you for your patronage.
We Come Together...

Fabric: 18ct Natural Light Linen #59-140 for ornament

Stitching over 1 thread with Weeks Dye Works
Floss - 2 ply each color:
X  Deep Sea 2104
O  Garnet 2254
●  Schneckley 1223
*  Whitewash 1091

Alternative DMC colors - 4 ply floss or 1 strand #5 perle cotton over two for pillow, 2 ply floss over one for ornament.
X  #311 Dark Blue
O  #221 Dark Red or #815 Garnet
●  #436 Old Gold
*  White

After Cross stitching, add star buttons or charms as you like - a white one on the blue field looks good, as well as smaller ones "sprinkled" about.
Go to www.ericamichaels.com to see more designs!

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